



### Message from the Headteacher

*'Dishonest wealth will dwindle, but what is earned through hard work will be multiplied'*  
(Proverbs 9:10)

Dear Parents and Carers,

We are hugely proud of our athletes in Years 8, 9 and 10, who brought home a plethora of medals across all three colours at the London Borough of Wandsworth Athletics Championships. Hot on their heels are athletes in Years 7 and 8, who compete this week, and will try to beat their record wins.

The pressure is on for pupils and teachers as we enter the final few weeks ahead of the start of the main public examinations. We hope the Year 11 pre-exam party brought a little respite in what can be an anxious season for some. Last

term Catherine Bull led a support session for parents, but if you were unable to attend, she has shared some exam stress busting tips within this newsletter.

Post school closure, we are rebuilding the series of careers events to supplement the guidance pupils receive in PSHE. On Thursday, we welcomed one of our parents, Gary Hunter, to school to speak to pupils about his career journey in television. If you think you could offer a careers session for pupils, please get in touch with Alex Bishop, who is planning a future Careers Fair and other events.

God bless,

**Renata Joseph**  
Headteacher

### Chaplain's Corner

*'One who has unreliable friends soon comes to ruin, but a real friend sticks closer than a brother.'*  
(Proverbs 18:24)

Dear Parents and Carers,

As part of the Wisdom series, in our Collective Worship last week we thought about 'friendships', and also took the chance to shine a light on autism whilst we are still in April- which has been designated as 'Autism Awareness month.'

Autism was highlighted in assemblies this week, and I also encouraged staff to highlight it in classes and mentor time as the opportunity arises. I've heard back from a Year 13 student who said the theme gave him the freedom to talk about his own history of autism with staff.

Please pray that our school community can better understand autism and therefore can be better informed on how we can support those who are autistic. More generally, please pray for God's protection and blessings over friendships and relationships. The school is a much happier place when pupils and students are getting on with each other. Lastly, you can pray for the influence that pupils and students have on each other, that it is positive and godly and that they spur each other towards love and good deeds.

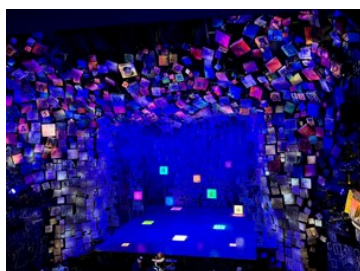
Thank you so much and many blessings to you for the week ahead.

Amen.

**Alex Shoderu**  
School Chaplain

### Matilda Theatre Trip

On Tuesday 26<sup>th</sup> April, 40 pupils and students from Years 7-13 were lucky to see a fantastic performance of *'Matilda the Musical'* at the Cambridge Theatre, London. It was a great evening and all thoroughly enjoyed it – especially those in Musical Theatre Club as they are going to be performing a medley of *Matilda* in the Summer Concert in July!



**John Wells**  
Curriculum Team Leader for Music

## TV Careers Talk

We were so pleased that one of our school parents, Gary Hunter, offered to come into school to talk to our Year 10 –13 pupils and students about his dazzling career in TV.

**Aleks** (Year 13) and **Omari** (Year 12) report, "We were really pleased to get the chance to attend a recent talk on careers in TV by top producer Gary Hunter. He was really enthusiastic and made a career in TV sound very enticing. We learnt about the experience and qualifications that would be most useful to get into this world. His journey has been amazing; he had so many anecdotes and we saw clips of famous TV presenters that very few people have access to. He made the career sound so compelling."

**Paul Bishop**  
Assistant Head Teacher



**WORKING IN TELEVISION**



**TV PRODUCER GARY HUNTER**



## Artist of the Week



Here is a mixed media piece by **Rebecca** in Year 12. Rebecca based this piece on a photograph she took in Wimbledon Park and has used a mixture of tie dyed fabric, hand and machine embroidery and paper collage to create this effective landscape. Well done **Rebecca**. She is my Artist of the Week.

**Victoria England**  
Teacher of Art and Design

## Bake Off 2022 Competition Final Reminder

This is a final reminder that we are holding the Saint Cecilia's School Bake Off 2022 on Tuesday 3rd May at 3.10pm.

Passionate about pastry? Fan of a flan? Ready for cake? We are encouraging pupils and students to get creative with signature bakes and win points for their bake's presentation! Even if they are not entering, all pupils and students are invited to attend the 'Bake Off' and spend 30p per cake as we will be raising money for our house charities.

If your child would like to enter, they should bring cakes and bakes, labelled with their name and house to the Food Tech Room 0.14 by 8.40am on 3rd May. If pupils don't want to enter the competition, they can always contribute something to the bake sale.

**Sava Navarro Martinez**  
Teacher of Modern Foreign Languages



## Year 9 Paintings

The Art department's Year 9 project which started in January has ended with some very poignant and thought provoking final pieces. To help develop their responses, we looked at artistic work such as Picasso's Guernica. Picasso responded to conflict using a wide panoramic image to tell a story using a mix of media. Many pupils have put in extra time to complete their pieces in the way they wanted. Well done to these pupils, we are so impressed with their creativity. There'll be further final pieces that we'll feature in upcoming newsletters as there's too many for one edition!



Nicole



Sophie



Emma



Chloe



Yunoa



Eva



Jasmine



Lily

**Stella Allan**  
Curriculum Team Leader for Art and Design

## Chapel Gallery

There is a new exhibition in the Chapel Gallery – Year 7 self portraits inspired by a group of artists called 'The Fauves'. The pupils have learnt about facial proportion and how to use colour to add shade and tone and to express emotion. I think they look fabulous hung next to each other.



**Victoria England**  
Teacher of Art and Design

## Coffee Morning: Exam Stress

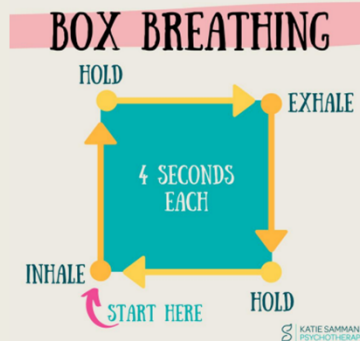
Just before Easter, the SEND department hosted a coffee morning for Year 11 parents. The session was delivered by Lauren Boesley and Kate Boyle from the Schools and Community Psychology Service. It offered a reflective space to consider how exam stress impacts our children and also to consider some practical strategies to support them (as well as some excellent pastries!).

It was lovely to see so many parents face to face and we do hope to see many of you at future events.

Below are some websites that parents may find useful if your child finds exams particularly stressful, as well as two breathing exercises to help you or your child manage any type of stressful situation.

## One minute stress-beaters

### Box Breathing



### Progressive Muscle Relaxation

- Close your eyes and concentrate on your breathing
- Slowly breathe in through your nose, out through your mouth
- Make a fist, squeeze your hand tightly
- Hold the fist for a few seconds and notice the tension
- Slowly open your fingers and feel the difference. Notice the tension leaving
- Try with other parts of the body

### Useful Resources:

- **NHS – Help your child beat exam stress:**  
[www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/help-your-child-beat-exam-stress/](http://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/help-your-child-beat-exam-stress/)
- **Childline – Exam stress and pressure:**  
[www.childline.org.uk/info-advice/school-college-and-work/school-college/exam-stress/](http://www.childline.org.uk/info-advice/school-college-and-work/school-college/exam-stress/)
- **Young Minds – How to manage a disappointing results day:**  
<https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/exam-time/#Howtomanageadisappointingresultsday>
- **NHS – Anxiety in Children:**  
[www.nhs.uk/conditions/stress-anxiety-depression/anxiety-in-children/](http://www.nhs.uk/conditions/stress-anxiety-depression/anxiety-in-children/)
- **Action for Children – Children’s Anxiety:**  
<https://www.actionforchildren.org.uk/our-work-and-impact/children-and-families/good-mental-health/>

Catherine Bull

SENCo, Literacy Co-Ordinator & Teacher of English

## Year 11 Party

A Year 11 pupil generously used her Jack Petchey award money to host a party for her peers in Year 11 before they kick-off with the exam period. What a wonderful way to de-stress!



Mairead Gibbons

Teacher of English, Leader of Year 11

## Staff escape into Virtual Reality

The Business and Computing Department recently held a virtual reality staff Well-being Wednesday session using the Oculus Quest II VR sets donated by the Friends of Saint Cecilia's.

Experiences on offer ranged from relaxation and tranquillity, through to sounds and scenes of mountains, waterfalls, beaches, cloud pattern watching, fishing, exploring the galaxies, swimming with sea life under the Indian Ocean, riding on elephants in the desert and being around orangutans in Borneo. For those who preferred a more active release from the pressures and stresses of the day, competitive sports, boxing, walking the plank off a New York skyscraper, free-running across roof tops, riding a rollercoaster around a triple loop-the-loop, destroying note boxes to the rhythm of pop music and being a space pirate were also options chosen. Our thanks go out again to the Friends of Saint Cecilia's donations that have made such events possible.

New games and experiences are regularly being added for our pupils and students, along with coding classes, run so they can also enjoy their own experiences on the VR Oculus II Headsets. Please ask your child to contact me if they want to join the clubs.



**Tina Simpson**  
Teacher of Computing

## London Youth Games 2022

# London Youth Games 2022

Europe's largest youth multi-sports competition

7 - 18 year olds

32 London boroughs compete

Around 50 events

Teams are free to join and open to all young people in London, so if you live or go to school in Wandsworth this is your chance to join #TeamWandsworth!



This year's Games honour a very special year, as it marks the 45th anniversary of the first London Youth Games in 1977 when they were set up as one of the projects to mark Queen Elizabeth II's Silver Jubilee.

We would encourage any pupil or student who is interested to get involved. With more than 100,000 young Londoners taking part in the London Youth Games each year, it's a celebration of sport not to be missed. Please encourage your child to register for the sport trials by heading over to <https://enablelc.org/lyg>

**Alex Bishop**  
Interim Assistant Headteacher

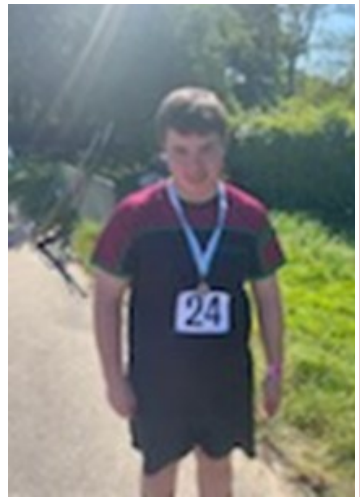
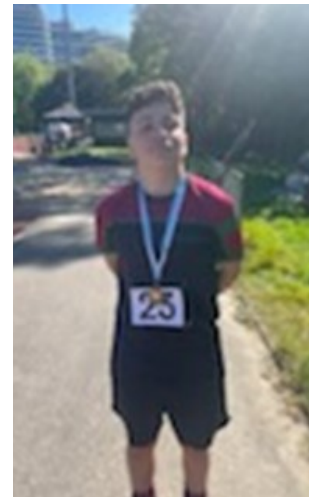
## Amazing Athletes - record medal haul

On Tuesday 26th April, along with all the other Independent and state schools in the borough, Saint Cecilia's attended the London Borough of Wandsworth Athletics Championships at the Millennium Arena in Battersea Park. We could not have been more proud of how all the pupils performed and how they represented the school. We came away with a record number of medals! Everyone who won a gold or silver medal is invited to represent Wandsworth at the London Games in June 2022. A full list of our winners is below. This is a fantastic achievement that the whole school can be proud of!

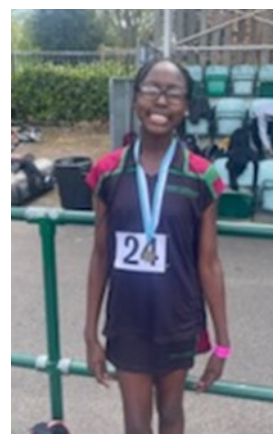
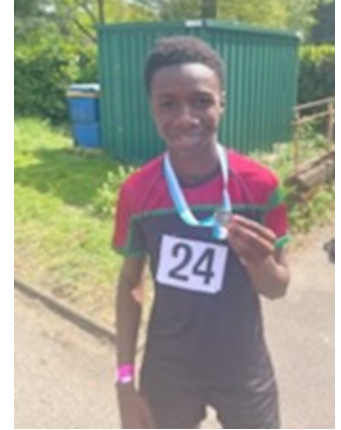
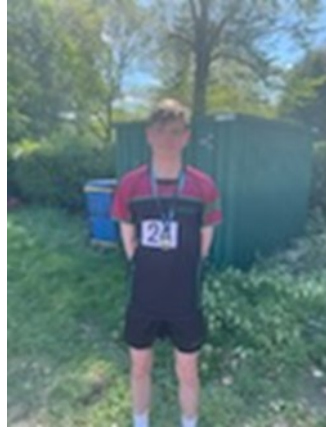
Year 8		
Name	Medal	Sport
Ella R	Gold	100 meters
Nyah	Gold	Junior Girls Relay
Nyah	Silver	100 meters
Alexia S	Bronze	300 meters
Year 9		
Name	Medal	Sport
Alex P	Gold	Triple Jump
Azzura	Gold	Triple Jump
Barnabas	Gold	1500 meters
Dylan N	Gold	80m High Hurdles
Ella	Gold	Junior Girls Relay
Isabelle	Gold	300 meters
Isabelle	Gold	Junior Girls Relay
Moyin	Gold	Junior Girls Relay
Moyin	Gold	200 meters
Jack R	Silver	Shotput
Jade H	Silver	200 meters
Louis	Silver	300 meters
TJ	Silver	1500 meters
Joshua O	Bronze	200 meters
Robin	Bronze	300 meters
Roland C	Bronze	100 meters
Year 10		
Name	Medal	Sport
Charlie R	Gold	High Jump
Charlie R	Gold	800 meters
John O	Gold	Boys Relay
Kevin	Gold	Boys Relay
Oliver	Gold	100m High Hurdles
Sam K	Gold	Boys Relay
Tyrelle	Gold	Boys Relay
Alexander	Silver	Shotput
Ashley K	Silver	100 meters
Kevin E	Silver	Long Jump
Grace E	Silver	1500 meters
Jack R	Silver	300 meters
Melody C	Silver	Triple Jump
Melody C	Silver	100 meters
Thomas W	Silver	Javelin
Bethany	Bronze	800 meters
Tyrelle	Bronze	Discus

**Alex Bishop**  
Interim Assistant Headteacher

# Winning Athletes



## Winning Athletes Continued





## Management Accountant Role

We are looking to recruit a Management Accountant with a recognised accounting qualification to work one day per week, reporting to School Business and Development Manager. This role is to start as soon as possible. If you, or anyone you know, is interested in applying, please [click here for more information](#) and for the application form.

Thank you.

**Nicola Anthony-Jones**  
HR Officer

## Activities Week 2022 - Payment Reminder

Activities Week: 11<sup>th</sup> - 15<sup>th</sup> July 2022

Ride the rollercoasters at Chessington World of Adventures  
Years 7 - 10

Craft some pottery to take home in the pottery masterclass  
Years 7 - 10

Enjoy Hollywood Bowl Tolworth and an afternoon at the Wetlands Centre  
Year 7

Play in the Inter-House Rounders Tournament  
Years 7 - 10

Catch a movie at Cineworld, Southside  
Years 7 - 10

Go bowling and play street golf at Gravity, Southside  
Years 8 - 10

Compete in the Inter-House Sports Day in Wimbledon Park  
Years 7 - 10

Book on ParentPay from 5<sup>th</sup> April

**Saint Cecilia's**  
Church of England School

Bookings are now open for Activities Week 2022. Please book and pay the first instalment via ParentPay.

Activities Week 2022 will take place between Monday 11<sup>th</sup> and Friday 15<sup>th</sup> July 2022 and will be an opportunity for the school community to come together and celebrate the end of the academic year. The activities will involve pupils being out of school for part or all of the day. Between Monday and Thursday, year groups will be able to:

- ◆ Ride rollercoasters at Chessington World of Adventures
- ◆ Go bowling and play street golf at Gravity in Wandsworth (Years 8—10)
- ◆ Enjoy Hollywood Bowl Tolworth and an afternoon at the London Wetlands Centre (Year 7)
- ◆ Craft some pottery to take home in the pottery masterclass
- ◆ Catch a movie at Cineworld in Wandsworth
- ◆ Play in an inter-house rounders competition

The whole school community will come together on Friday 15<sup>th</sup> July to take part in our annual Sports Day held at Wimbledon Park. Full information has been sent out in a separate letter to parents/carers.

**Andy Gillespie**  
Assistant Headteacher

## Upcoming Event Reminders

- **Monday 2nd May:** Bank Holiday—school closed
- **Tuesday 3rd May:** Saint Cecilia's Great Bake Off from 3.10pm
- **Thursday 5th May:** Years 7 & 8 Wandsworth Athletics at Millennium Arena, Battersea Park
- **Tuesday 10th May:** Celebration Evening at Saint Cecilia's 6.00 - 8.30pm - Details to follow
- **Thursday 12th May:** Bronze DofE trip