



Collective Worship Booklet

Summer 2024

Glorifying God through outstanding, enjoyable education



Saint Cecilia's
Church of England School

Dear All,

Please find below our Collective Worship themes and verses for Summer 1.

Please don't hesitate to get in touch if you have any questions or if you need support for anything.

Themes and Verses

Week	House	Year Assembly	Notes
15 th April	Theme: Welcome back. Verse: <i>'Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.'</i> Galatians 6:9)	Theme: Welcome back. Verse: <i>'Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.'</i> (Galatians 6:9)	A chance for HLs/YLs and SLT to share any key messages for final term.
22 nd April	Theme: Fear Not Verse: <i>'I sought the Lord, and he answered me; He delivered me from all my fears.'</i> (Psalm 34:4) Bottom Line: Fear can come from anywhere, but there is safety in God.	Theme: There is Help Verse: <i>'So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.'</i> (Isaiah 41:10) Bottom Line: Healthy faith is always stronger than fear.	Both Year/house assemblies will pick up on this FEARLESS series.
29 th April	Theme: Unshaken Verse: <i>'For God has not given us a spirit of fear, but of power, love, and self-control.'</i> (2 Timothy 1:7) Bottom Line: Focusing on God keeps fear in the right perspective.	Theme: Living Courageously Verses: <i>'Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.'</i> (Joshua 1:9) Bottom Line: We can trust God and have courage in the midst of fear.	Last 'In-person' Year assembly until July

6 th May	HLs/House Captains theme		Last 'In-person' house assembly until July
13 th May			
20 th May			

* Assembly spaces taken up for exams from 8th May.

**Virtual assembly weeks in grey - plan and themes TBC

Prayers: Starting and Ending Collective Worship

I continue to encourage Year Leaders and House Leaders to indicate the transition from any announcements that are given into Collective Worship by saying:

'In the name of the Father, Son and Holy Spirit...'

Can I also remind all that we finish every day with students- whether in assemblies or mentor groups by saying the Grace prayer:

'May the Grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit, be with us all, evermore. Amen.'

Further Help?

Don't forget there are lots of resources on the Z drive.

For mentors, there is good guidance given in the mentors Handbook which Anessa Lee created and sent out at the start of the year.

For everyone, please do not hesitate to ask me for help or feedback as you start to work on the content for your assemblies.

Christian Meditation

Christian meditation is different to other forms, such as mindfulness, because the focus is Jesus Christ. Learning to meditate helps us face and resolve conditioned patterns of mind that need to change. It won't make any of us perfect, but it helps to calm mental agitation and negative thinking.

'Meditation is a healing process. What is healed is the wound of our divided self that separates us from others, from God and so from our full potential.' (John Main OSB)

How to Meditate in Mentor Groups

Ask all mentees to sit down. Sit still and upright. Close your eyes lightly. Sit relaxed but alert. Silently, concentrate on a word that you can say repeatedly in your head (for example 'Maranatha' which means 'Come Lord Jesus') or an object such as a candle that you can imagine or actually focus on. Try not to think of anything other than your word or object.

After a minute of silence, direct your mentees to run through their day so far in their heads. Pause between each instruction. *(Please use your judgement about how many of these to include but always include the final two instructions - in bold.)*

Ask them to think and reflect about:

- How they felt when they woke up this morning
- Who they interacted with at home
- Their journey to school
- How they felt when they walked in through the school gates
- Each lesson they had
- When they had worked hard
- What made them feel sad or angry during the day
- Things that had happened that made them feel happy
- Where they feel that God had been most present in their day
- Then ask them to thank God for bringing them to the end of the school day and to place the rest of the day in His hands

After a time of silent reflection, ask mentees to open their eyes and remain seated quietly. The Grace prayer can be used to finish off this time and/or The Lord's Prayer:

The Lord's Prayer

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are Yours now and forever.
Amen

