

Collective Worship Booklet

Spring 2 2023

20th February – 28th March



Theme: Lent

Themes and Verses

Week	House	Year Assembly
20 th Feb	<p>Theme: Lent</p> <p>Verse: <i>'He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things?'</i> (Romans 8:32)</p> <p>Content: This week's collective will focus on marking the start of Lent.</p> <p>HLs can draw content from these sites:</p> <p>https://www.compassionuk.org/lent/what-is-lent/</p> <p>https://ministrytoyouth.com/youth-group-lesson-on-lent/</p> <p>I will write a Chaplain's corner to be read by HLs related to the verse and introducing our Lent focus for this half term- Prayer</p>	<p>Theme: Lent</p> <p>Verse: <i>'He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things?'</i> (Romans 8:32)</p> <p>Content: What can we learn from different Lent traditions.</p> <p>For example, see this one about Pretzels https://www.assemblies.org.uk/sec/4050/pretzels</p> <p>Yls could find other traditions related to Lent to share in this collective worship</p>
27 th February	<p>Theme: Lent</p> <p>Verse: <i>'For God did not send his Son into the world to condemn the world, but to save the world through him.'</i> (John 3:17)</p> <p>Content: Captain's assembly and theme</p>	<p>Theme: Lent</p> <p>Verse: <i>'For God did not send his Son into the world to condemn the world, but to save the world through him.'</i> (John 3:17)</p> <p>Content: Year 7 - Guest speaker from Gideons Year 8 and 9- No assembly due to Worship in the Community Year 10: Lent (Last week's theme) Year 11 and Sixth Form: Year's Leader's choice</p>
6 th March	<p>Theme: Lent Prayer</p> <p>Verse: <i>'Lord teach us to pray.'</i> (Luke 11:1)</p> <p>Content: Why Pray? https://www.24-7prayer.com/podcast/origins-why-pray/</p>	<p>Theme: Lent Prayer</p> <p>Verse: <i>'Lord teach us to pray.'</i> (Luke 11:1)</p> <p>Content: Why Pray? https://www.24-7prayer.com/podcast/origins-why-pray/</p>

13 th March	<p>Theme: Lent Prayer</p> <p>Verse: <i>'Be still, and know that I am God.'</i> (Psalm 46:10)</p> <p>Content: Pray – Pause https://www.24-7prayer.com/podcast/origins-pause/</p>	<p>Theme: Lent Prayer</p> <p>Verse: <i>'Be still, and know that I am God.'</i> (Psalm 46:10)</p> <p>Content: Rejoice and Reflect https://www.24-7prayer.com/podcast/origins-rejoice-and-reflect/</p>
20 th March	<p>Theme: Lent Prayer</p> <p>Verse: <i>'This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us.'</i> (1 John 5:14)</p> <p>Content: PRAYER- Ask https://www.24-7prayer.com/podcast/origins-ask/</p>	<p>Theme: Lent Prayer</p> <p>Verse: <i>'This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us.'</i> (1 John 5:14)</p> <p>Content: PRAYER- Yes https://www.24-7prayer.com/podcast/origins-yes/</p>
27 th March	<p>Theme: Lent Prayer</p> <p>Verse: <i>'Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.'</i> (1 Thessalonians 5:16-18)</p> <p>Content: PRAYER- Endure https://www.24-7prayer.com/podcast/origins-endure/</p>	<p>Theme: Lent Prayer</p> <p>Verse: <i>'Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.'</i> (1 Thessalonians 5:16-18)</p> <p>Content: PRAYER- Repeat https://www.24-7prayer.com/podcast/origins-repeat/</p>

Prayers: Starting and ending Collective worship

I continue to encourage YLs and HLs to indicate the transition from any announcements that are given into collective worship by saying:

'In the name of the Father, Son and Holy Spirit...'

Can I also remind all that we finish every day with students- whether in assemblies or mentor groups by saying the Grace prayer:

*'May the Grace of our Lord Jesus Christ,
the love of God and the fellowship of
the Holy Spirit, be with us all,
evermore.
Amen.'*

Further Help?

Don't forget there are lots of resources on the Z drive.

For Mentors, there is good guidance given in the Mentors Handbook which Anessa Lee created and sent out at the start of the year.

For everyone, please do not hesitate to ask me for help or feedback as you start to work on the content for your assemblies.

Christian Meditation

Christian meditation is different to other forms, such as Mindfulness, because the focus is Jesus Christ. Learning to meditate helps us face and resolve conditioned patterns of mind that need to change. It won't make any of us perfect but it helps to calm mental agitation and negative thinking.

'Meditation is a healing process. What is healed is the wound of our divided self that separates us from others, from God and so from our full potential.' (John Main OSB)

How to Meditate in Mentor Groups

Ask all mentees to sit down. Sit still and upright. Close your eyes lightly. Sit relaxed but alert. Silently, concentrate on a word that you can say repeatedly in your head (for example 'Maranatha' which means 'Come Lord Jesus') or an object such as a candle that you can imagine or actually focus on. Try not to think of anything other than your word or object.

After a minute of silence, direct your mentees to run through their day so far in their heads. Pause between each instruction. *(Please use your judgement about how many of these to include but always include the final two instructions- in bold.)*

Ask them to think and reflect about:

- How they felt when they woke up this morning
- Who they interacted with at home
- Their journey to school
- How they felt when they walked in through the school gates
- Each lesson they had
- When they had worked hard
- What made them feel sad or angry during the day
- Things that had happened that made them feel happy
- **Where they feel that God had been most present in their day**
- **Then ask them to thank God for bringing them to the end of the school day and to place the rest of the day in His hands**

After a time of silent reflection, ask mentees to open their eyes and remain seated quietly. The Grace prayer can be used to finish off this time and/or The Lord's prayer.

The Lord's Prayer Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are Yours now and forever. Amen

