

Collective Worship Booklet

Spring 1 2022

4th January – 11th February 2022



Love Mercy, Act Justly, Walk Humbly.

Dear YLs, HLs and Mentors,

Welcome to this New term and New year.

Having looked at Jesus life and example in the lead up towards Christmas, I want to take the opportunity we have at the start of this new year to challenge our students on what kind of people we want to be and what kind of people we don't want to be. My hope is that we will come away from this series with some very clear values of who we are as individuals and consequently as a school.

Our theme verse is from **Micah 6:8:**

“He has shown you, O man, what is good.

And what does the LORD require of you?

To act justly;

and to love mercy;

and to walk humbly with your God.”

Themes and Verses

Week	House	Year Assembly
4 th January	<p>Theme: New Year, New You? Verse: TBC Content: Alex S to record 'Intro to series'</p>	<p>Theme: New Year, New You? Verse: TBC Content: Renata to record message for Year Collective worship</p>
10 th January	<p>Theme: LOVE MERCY Verse: "He has shown you, O man, what is good. And what does the LORD require of you? To act justly; and to love mercy; and to walk humbly with your God." Content: HL to explore what loving mercy looks like here at school. It means being a proactive peacemaker, being an upstander, being quick to forgive, not holding on to things that have happened in the past- whether from peers or teacher.</p>	<p>Theme: LOVE MERCY Verse: "He has shown you, O man, what is good. And what does the LORD require of you? To act justly; and to love mercy; and to walk humbly with your God." Content: YL to explore what loving mercy does not look like. Someone who sows discord, bears grudges, spreads rumours, causes fights. Make it loud and clear that THIS IS NOT WELCOME HERE!</p>
17 th January	<p>Theme: ACT JUSTLY Verse: "He has shown you, O man, what is good. And what does the LORD require of you? To act justly; and to love mercy; and to walk humbly with your God." Content: See separate email with content based on MLK's 'Letter from Birmingham Jail.'</p>	<p>Theme: ACT JUSTLY Verse: "He has shown you, O man, what is good. And what does the LORD require of you? To act justly; and to love mercy; and to walk humbly with your God." Content: See separate email with content based on MLK's 'Letter from Birmingham Jail.'</p>
24 th January	<p>Theme: WALK HUMBLY Verse: "He has shown you, O man, what is good. And what does the LORD require of you? To act justly; and to love mercy; and to walk humbly with your God." Content: Having done humility just last term- I would love the focus this time to be on being 'Teachable'. This means being eager to learn (not just academically), being willing to be challenged and taking</p>	<p>Theme: WALK HUMBLY Verse: "He has shown you, O man, what is good. And what does the LORD require of you? To act justly; and to love mercy; and to walk humbly with your God." Content: The opposite of teachable is that attitude where one thinks they've already got things figured out. Or they think they can only learn from a particular person/people. YLs- please strongly challenge this attitude</p>

	responsibility for your growth. Having the attitude that “I’ve got something to learn from everyone, every day.”	and tailor it to the age/stage of your year group.
31 st January	<p>Theme: Love Mercy, Act Justly, Walk Humbly.</p> <p>Verse: “He has shown you, O man, what is good. And what does the LORD require of you? To act justly; and to love mercy ;and to walk humbly with your God.”</p> <p>Content: SLT Link assembly. Alex S to touch base with SLT regarding content.</p>	<p>Theme: Love Mercy, Act Justly, Walk Humbly.</p> <p>Verse: “He has shown you, O man, what is good. And what does the LORD require of you? To act justly; and to love mercy ;and to walk humbly with your God.”</p> <p>Content: Alex S to interview some students on this.</p>
7th February	<p>Theme: Love Mercy, Act Justly, Walk Humbly.</p> <p>Verse: “He has shown you, O man, what is good. And what does the LORD require of you? To act justly; and to love mercy ; and to walk humbly with your God.”</p> <p>Content: HL to decide content of this (could also be a Captain’s assembly if plan is to make it half-termly)</p>	<p>Theme: Love Mercy, Act Justly, Walk Humbly.</p> <p>Verse: “He has shown you, O man, what is good. And what does the LORD require of you? To act justly; and to love mercy ;and to walk humbly with your God.”</p> <p>Content: YL to decide content of this and perhaps highlight and celebrate students who have demonstrated these values.</p>

Prayers: Starting and ending Collective worship

I continue to encourage YLs and HLs to indicate the transition from any announcements that are given into collective worship by saying:

'In the name of the Father, Son and Holy Spirit...'

Can I also remind all that we finish every day with students- whether in assemblies or mentor groups by saying the Grace prayer:

*'May the Grace of our Lord Jesus Christ,
the love of God and
the fellowship of the Holy Spirit,
be with us all, evermore.
Amen.'*

Further Help?

Don't forget there are lots of resources on the Z drive.

For Mentors, there is good guidance given in the Mentors Handbook which Anessa Lee created and sent out at the start of the year.

For everyone, please do not hesitate to ask me for help or feedback as you start to work on the content for your assemblies.

Christian Meditation

Christian meditation is different to other forms, such as Mindfulness, because the focus is Jesus Christ. Learning to meditate helps us face and resolve conditioned patterns of mind that need to change. It won't make any of us perfect but it helps to calm mental agitation and negative thinking.

'Meditation is a healing process. What is healed is the wound of our divided self that separates us from others, from God and so from our full potential.' (John Main OSB)

How to Meditate in Mentor Groups

Ask all mentees to sit down. Sit still and upright. Close your eyes lightly. Sit relaxed but alert. Silently, concentrate on a word that you can say repeatedly in your head (for example 'Maranatha' which means 'Come Lord Jesus') or an object such as a candle that you can imagine or actually focus on. Try not to think of anything other than your word or object.

After a minute of silence, direct your mentees to run through their day so far in their heads. Pause between each instruction. *(Please use your judgement about how many of these to include but always include the final two instructions- in bold.)*

Ask them to think and reflect about:

- How they felt when they woke up this morning
- Who they interacted with at home
- Their journey to school
- How they felt when they walked in through the school gates
- Each lesson they had
- When they had worked hard
- What made them feel sad or angry during the day
- Things that had happened that made them feel happy
- **Where they feel that God had been most present in their day**
- **Then ask them to thank God for bringing them to the end of the school day and to place the rest of the day in His hands**

After a time of silent reflection, ask mentees to open their eyes and remain seated quietly. The Grace prayer can be used to finish off this time and/or The Lord's prayer.

The Lord's Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are Yours
now and forever. Amen

