

Collective Worship Booklet

Autumn 2 2023

30th October – 21st December



Theme: Glorifying God

Dear YLs/HLs/Mentors

My aim for Collective Worship in the first term is to really help embed our school verse (John 10:10 *"I came that they may have life and have it to the full"*) and vision ('Glorifying God through outstanding and enjoyable education') in the minds of our pupils.

To that end, House assemblies will explore what it means to Glorify God whilst Year assemblies will explore various aspects of living life to the full (John 10:10). The John 10:10 series also comes with extra slides/resources to be covered in mentor time.

Year Collective Worship

Theme: Life to the full! (Autumn 1 and 2)

Verse: *"I have come that you may have life and have it to the full"* (John 10:10)

The John 10:10 series will be taken from an excellent resource that has already been produced called 10:10. Each theme has content that could easily take up a couple of hours so I will plan to trim down the ppts to what can be covered in assembly time and in one mentor session.

Themes and Verses

Week	House	Year Assembly
30 th October	<p>Theme: All Saints</p> <p>Verse: <i>"Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith."</i> Hebrews 13:7</p>	Theme: Relationships
6 th November	<p>Theme: Remembrance</p> <p>Verse: <i>"Yet this I call to mind and therefore I have hope. Because of the Lord's great love we are not consumed for his compassions never fail. They are new every morning; great is your faithfulness."</i> Lamentations 3:21-23</p>	Theme: Body
13 th November	<p>Theme: Anti-Bullying</p> <p>Verse: <i>"Speak up for those who cannot speak for themselves; ensure justice for those being crushed."</i> Proverbs 31:8</p>	Theme: Mind
20 th November	<p>Theme: Saint Cecilia's Day</p> <p>Verse: <i>"Neither do people light a lamp and put it under a bowl. Instead, they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven."</i> Matthew 5:15-16</p>	Theme: Soul
27 th November	<p>House Captains</p> <p>Verse: For just as each of us has one body with many members, and these members do not all have the same function, 5so in Christ we, though many, form one body, and each member belongs to all the others" Romans 12:4</p>	Theme: Mixing It
4 th December	Theme: Advent	Theme: Advent
11 th December	Theme: Advent	Theme: Advent
18 th December	SLT Link	Year Leader Assembly

Prayers: Starting and ending Collective Worship

I continue to encourage Year Leaders and House Leaders to indicate the transition from any announcements that are given into Collective Worship by saying:

'In the name of the Father, Son and Holy Spirit...'

Can I also remind all that we finish every day with students- whether in assemblies or mentor groups by saying the Grace prayer:

*'May the Grace of our Lord Jesus Christ,
the love of God and the fellowship of
the Holy Spirit, be with us all,
evermore.
Amen.'*

Further Help?

Don't forget there are lots of resources on the Z drive.

For mentors, there is good guidance given in the mentors Handbook which Anessa Lee created and sent out at the start of the year.

For everyone, please do not hesitate to ask me for help or feedback as you start to work on the content for your assemblies.

Christian Meditation

Christian meditation is different to other forms, such as mindfulness, because the focus is Jesus Christ. Learning to meditate helps us face and resolve conditioned patterns of mind that need to change. It won't make any of us perfect, but it helps to calm mental agitation and negative thinking.

'Meditation is a healing process. What is healed is the wound of our divided self that separates us from others, from God and so from our full potential.' (John Main OSB)

How to Meditate in Mentor Groups

Ask all mentees to sit down. Sit still and upright. Close your eyes lightly. Sit relaxed but alert. Silently, concentrate on a word that you can say repeatedly in your head (for example 'Maranatha' which means 'Come Lord Jesus') or an object such as a candle that you can imagine or actually focus on. Try not to think of anything other than your word or object.

After a minute of silence, direct your mentees to run through their day so far in their heads. Pause between each instruction. *(Please use your judgement about how many of these to include but always include the final two instructions - in bold.)*

Ask them to think and reflect about:

- How they felt when they woke up this morning
- Who they interacted with at home
- Their journey to school
- How they felt when they walked in through the school gates
- Each lesson they had
- When they had worked hard
- What made them feel sad or angry during the day
- Things that had happened that made them feel happy
- **Where they feel that God had been most present in their day**
- **Then ask them to thank God for bringing them to the end of the school day and to place the rest of the day in His hands**

After a time of silent reflection, ask mentees to open their eyes and remain seated quietly. The Grace prayer can be used to finish off this time and/or The Lord's prayer.

The Lord's Prayer Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are Yours now and forever. Amen

